

Your Endoscopy Location:

- David H Koch Building
Endoscopy Center**
1283 York Avenue, 8th Floor
New York, NY 10065
- New York Presbyterian Hospital**
Central Endoscopy Suite
525 East 68th Street, 2nd Floor
Greenberg Pavilion
New York, NY 10065
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GETTING READY FOR YOUR ENDOSCOPY

As soon as you get a date for your endoscopy you need to (see all the details below):

- A. Review Important Cardiac Clearance Information
- B. Review Important Medicine Information

10-days before your endoscopy:

- A.

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One (1) Day Before Your Exam:

- You may eat your regular breakfast, lunch, and dinner the day before your exam. However, if you have gastroparesis or take a GLP-1 receptor agonist such as Semaglutide (Rybelsus, Ozempic or Wegovy), Liraglutide (Victoza or Saxenda), Exenatide (Byetta), Dulaglutide (Trulicity), Exenatide (Bydureon BCise) or Tirzepatide (Mounjaro, Zepbound) you must be on a clear liquid diet the day before your exam.

Day of Your Exam:

- Do not eat anything
- You may have a small amount of clear liquids until 2 hours before your appointment
- You may take your regular medications, unless instructed otherwise by a doctor, with a small sip of water

Two (2) Hours Before Your Exam:

- Do not drink or eat anything, including water. This includes mints or candies
- If you drink or eat anything, your endoscopy will have to be cancelled

Clear Liquid Diet

Water	Ginger ale and other Sodas
Black coffee or tea	Clear juices such as apple or white grape juice
Clear broth or bouillon	-O

LIQUIDS MUST NOT BE - 1) (R) (S) (O) (A) (R) (S) (E) (W) (N) (B) (T) (G) (T) (T) (F) (O) (C) (O) (U) (R) (E) (L) (C) (R) (E) (A) (M), SO O NO -DY CRMER O OHERIQUID YO CANNOE TRc - 2) (S) (P) (U) (G) (H) UNLESS ON THE LIST ABOVE.

You can buy these as needed from the Grocery Store

Chicken Bouillon/broth



Jell-O/gelatin or Ice Pops



Ginger Ale or Clea Juice



